

# SUNRISE COLLEGE OF TECHNOLOGY - BERTOUA

## DEPARTMENT OF HOME ECONOMICS (HE)

### TIMETABLE FOR 2026 - 2027 ACADEMIC YEAR

| DAY       | TIME        | FORM 2          | FORM 3                        | FORM 4            | FORM 5        | L6TH             | U6TH              |
|-----------|-------------|-----------------|-------------------------------|-------------------|---------------|------------------|-------------------|
| MONDAY    | 8:00-8:50   | MARKETING       | FAMILY LIFE                   |                   | N.SCIEN       | FAMILY LIFE      | FOOD NUTRITION    |
|           | 8:50-9:40   | MARKETING       | FAMILY LIFE                   |                   | N.SCIEN       | FAMILY LIFE      | FOOD NUTRITION    |
|           | 9:40-10:30  |                 | COMMERCE                      | RE MGT            | N.SCIEN       | FAMILY LIFE      | FOOD NUTRITION    |
|           | 10:30-11:20 |                 | COMMERCE                      | RE MGT            | B.MATH        |                  |                   |
|           | 11:20-11:40 | SHORT BREAK     |                               |                   |               |                  |                   |
|           | 11:40-12:30 | ECONS GEO       | FOOD NUTRITION                | N.SCIEN           |               | INFOS TECH       | FAMILY LIFE       |
|           | 12:30-1:20  | ECONS GEO       | FOOD NUTRITION                | N.SCIEN           |               | INFOS TECH       | FAMILY LIFE       |
|           | 1:20-1:50   | LONG BREAK      |                               |                   |               |                  |                   |
|           | 1:50-2:40   | FAMILY LIFE     | RESOURCE MGT                  |                   | R.MGT         | FOOD NUTRITION   | FAMILY LIFE       |
|           | 2:40-3:30   | FAMILY LIFE     | RESOURCE MGT                  | COMM              | R.MGT         | FOOD NUTRITION   |                   |
|           | 3:30-4:20   |                 | RESOURCE MGT                  | COMM              | R.MGT         |                  |                   |
| TUESDAY   | 7:30-8:20   | MATHS           | PRACT. FOOD NUT               | F.NUT.            | B.MATH        | NATURAL SCIENCE  | BUSINESS MGT      |
|           | 8:20-9:10   | ICT             | PRACT. FOOD NUT               | F.NUT.            | B.MATH        | NATURAL SCIENCE  | BUSINESS MGT      |
|           | 9:10-10:00  | LITERATURE      | PRACT RES. MGT                | B.MATH            | F.LIFE        | NATURAL SCIENCE  | BUSINESS MGT      |
|           | 10:00-10:50 | LITERATURE      | PRACT RES. MGT                | B.MATH            | F.LIFE        | BUSINESS MGT     |                   |
|           | 10:50-11:10 | SHORT BREAK     |                               |                   |               |                  |                   |
|           | 11:10-12:00 | HISTORY         | NATURAL SCIENCE               | ECONS             | F.NUT.        | BUSINESS MGT     |                   |
|           | 12:00-12:50 | HISTORY         | NATURAL SCIENCE               | ECONS             | F.NUT.        | BUSINESS MGT     |                   |
|           | 12:50-1:20  | LONG BREAK      |                               |                   |               |                  |                   |
|           | 1:20-2:10   | RESOURCE MGT    | ECONOMICS                     | F. LIFE           | ECONS         | RESOURCE MGT     | NATURAL SCIENCE   |
|           | 2:10-3:00   | RESOURCE MGT    | ECONOMICS                     | F. LIFE           | COMM          | RESOURCE MGT     | NATURAL SCIENCE   |
|           | 3:00-3:50   |                 | ENTP                          | F.LIFE            | COMM          | RESOURCE MGT     | NATURAL SCIENCE   |
| WEDNESDAY | 7:30-8:20   | FOOD NUTRITION  | ECONS GEO                     | PRAC FAMILY LIFE. | P.F.N.        | P.R.MG.          | FOOD NUTRITION    |
|           | 8:20-9:10   | FOOD NUTRITION  | ECONS GEO                     | PRAC FAMILY LIFE. | P.F.N.        | P.R.MG.          | FOOD NUTRITION    |
|           | 9:10-10:00  | NATURAL SCIENCE |                               | PRAC FAMILY LIFE. | P.F.N.        | P.R.MG.          | FAMILY LIFE       |
|           | 10:00-10:50 | NATURAL SCIENCE | BUSINESS MATHS                | PRAC RES. MGT     | P.R.MGT.      | P.R.MG.          | FAMILY LIFE       |
|           | 10:50-11:10 | SHORT BREAK     |                               |                   |               |                  |                   |
|           | 11:10-12:00 | COMMERCE        |                               | PRAC RES. MGT     | PRAC RES. MGT | P.R.MG.          |                   |
|           | 12:00-12:50 | COMMERCE        |                               | PRAC RES. MGT     | PRAC RES. MGT | P.R.MG.          |                   |
|           | 12:50-1:20  | LONG BREAK      |                               |                   |               |                  |                   |
|           | 1:20-2:10   |                 |                               |                   | MATHS         |                  |                   |
|           | 2:10-3:00   |                 |                               |                   | MATHS         |                  |                   |
|           | 3:00-3:50   |                 | SPORTS AND PHYSICAL EDUCATION |                   |               |                  |                   |
| THURSDAY  | 7:30-8:20   |                 | ENGLISH                       | LAW               | FRENCH        | PCT              | RESOURCE MGT      |
|           | 8:20-9:10   | ICT             | ENGLISH                       | LAW               | FRENCH        | PCT              | RESOURCE MGT      |
|           | 9:10-10:00  | FRENCH          | LAW                           | MATHS             | FRENCH        |                  | RESOURCE MGT      |
|           | 10:00-10:50 | FRENCH          | LAW                           | MATHS             | P.F.LIFE      | ENTREPRENEURSHIP |                   |
|           | 10:50-11:10 | SHORT BREAK     |                               |                   |               |                  |                   |
|           | 11:10-12:00 | LAW & G         |                               | FRENCH            | P.F.LIFE      | ENTREPRENEURSHIP | LAW               |
|           | 12:00-12:50 | LAW & G         |                               | FRENCH            | MATHS         | ENTREPRENEURSHIP | LAW               |
|           | 12:50-1:20  | LONG BREAK      |                               |                   |               |                  |                   |
|           | 1:20-2:10   | ENGLISH         | ICT                           | FRENCH            | MATHS         | FAMILY LIFE      |                   |
|           | 2:10-3:00   | FRENCH          | ICT                           | S                 | ENTP.         | FAMILY LIFE      |                   |
|           | 3:00-3:50   |                 |                               | CITIZEN           | ENTP.         |                  |                   |
| FRIDAY    | 8:00-8:50   | MATHS           | MATHS                         | ENGLISH           | LAW           | FOOD NUTRITION   | RESOURCE MGT      |
|           | 8:50-9:40   | MATHS           | MATHS                         | ENGLISH           | LAW           | FOOD NUTRITION   | RESOURCE MGT      |
|           | 9:40-10:30  | ENGLISH         | ICT                           | MATHS             | ICT           |                  | APPLI OF MGT SOFT |
|           | 10:30-11:20 | ENGLISH         | MATHS                         | ENTR.             | ICT           |                  | APPLI OF MGT SOFT |
|           | 11:20-11:40 | SHORT BREAK     |                               |                   |               |                  |                   |
|           | 11:40-12:30 | CITIZEN         | FRENCH                        | OP                | ENGLISH       |                  |                   |
|           | 12:30-1:20  | CITIZEN         | FRENCH                        | OP                | ENGLISH       |                  |                   |
|           | 1:20-1:50   | LONG BREAK      |                               |                   |               |                  |                   |
|           | 1:50-2:40   |                 | ENGLISH                       | ICT               | ENGLISH       |                  | ENTREPRENEURSHIP  |
|           | 2:40-3:30   |                 | CITIZEN                       | ICT               |               | LAW              | ENTREPRENEURSHIP  |
|           | 3:30-4:20   |                 | CITIZEN                       | ENGL              |               | LAW              | ENTREPRENEURSHIP  |